

# **GOLDEN WEST HIGH SCHOOL**

## **HOME OF THE TRAILBLAZERS**



Daily Bulletin - Volume 43; Issue 53

November 3, 2022

- **Girls and Boys Wrestling:** Wrestling has begun! Practices are Monday-Friday at 4pm in the Mini Gym come join us if you are interested. If you have any questions, please talk to Coach Morse on campus.
- **Soccer try-outs for the boys' J.V. and Varsity** teams began Monday, October 31<sup>st</sup> at 3:30pm on the practice field. If you have any questions, come by E-2 to speak to Coach McCaw.
- **Boys' Basketball** tryouts will began Tuesday, November 1st. Varsity tryouts will begin at 4pm in the main gym. Freshmen and JV tryouts will begin at 5:45pm in the main gym. If you have any questions please email Coach Hall. [Ahall@vusd.org](mailto:Ahall@vusd.org)
- **Girls Basketball:** Tryouts are this week. Here's the schedule for this week:  
Wednesday- main gym 6:15pm-8pm, Thursday- mini gym 3:45pm- 5:45pm,  
Friday- weight room 3:45pm-4:30pm
- Congratulations to the Ladies Golf Team for their 2<sup>nd</sup> place finish in the Central Section Championship 2022 Division 3 Tournament! Golfer Marley Montgomery also qualified to advance to the Section Individual Tournament next week in San Luis Obispo.
- **To any Golden West student interested in volunteering and participating in community service, come join Key Club!** We will meet in the Choir room (room M-1) during lunch **November 9 & 30, and on December 7. We hope to see you there!**

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**The AP Registration/Payment period will take place from September 28, 2022 through November 7, 2022.** This will give you time to decide if you are prepared to take the exam. Please sign up to receive important Remind messages by texting @apgwhs to 81010. **3 Payment Options: AP Exam Fee:** \$97 per exam payable through the [GW webstore](#) or through the GW Finance Office.

**College Board Fee Waiver:** You must demonstrate financial need. Your **parents should do this now** so you are verified by the time the registration period opens. Please see Ms. Rubio to see if you qualify for a fee waiver this year. If you qualify for the fee waiver, the price of each exam will be \$15. Questions? Contact Ms. Rubio at [jrubio01@vusd.org](mailto:jrubio01@vusd.org)

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### **XL PROGRAM**

#### **AM Tutorial**

Monday 7:00-9:30, Tuesday through Friday 7:00-8:30, Room: Library: Need a quiet place to do homework before class, hang out with your friends, read a book? You have come to the right place. Our Library is a great place to hang out before your classes start. Come check it out!

#### **AM Student Center**

Monday through Friday 7:00-9:30, Room: L-19: Do you need a place to hang out before class starts? Look no more! Come hang out in L-19. Come do homework, play games, or hang out with your friends. We have a printer and chargers for your electronics.

#### **XL Café**

Monday thru Friday 3:30-6:00, Room: L-19: We offer a variety of healthy snacks, fruit, veggies, and water for all students after school. Stop by and grab some refreshing iced cold water. Totally free!

#### **PM Student Center**

Monday thru Friday 3:30-6:30, Room: L-19: Welcome to L-19! This is your home away from home. Come hang out, have a snack, do homework, play games, or chill after your school day.

#### **Hip Hop Dance**

Wednesday and Thursday 3:30-5:30, Dance Room: Hip Hop is back with Mr. Isaac Saesee every Wednesday and Thursday. Its open to all students from beginners, intermediate, to advance dancers. Come pick up some new skills to integrate into your dances.

#### **Weight Training**

Monday through Friday 3:35-5:10, Weight Room K-8 Did you know that you have a free gym membership to our Weight Room? Learn how to properly workout, get stronger, and healthier. Starting August 24, 2022!

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